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The following selection of books on family-related topics are recent additions to the Institute's Library. They are available through Libraries, through from Institute's Library via the Inter Library Loan system, or for purchase from good book shops. Prices are given as and when supplied.



**Stand up 4 U! Making positive choices in relationships. (2007).** Sydney: Office for Women, NSW Department of Premier and Cabinet. Price: Free. Further information available from: <http://www.women.nsw.gov.au> Phone 02 9228 3141. Email: [ofw@dpc.nsw.gov.au](mailto:ofw@dpc.nsw.gov.au)

This four-minute animated DVD is designed to educate young women in making positive choices in relationships. It depicts two scenarios in which young women are in potentially abusive relationships, and how they handled these situations. Contact details are given for where young women can go to for help and support. The DVD is designed for young women to watch on their own or in a group, and it can also be used by professionals such as teachers and youth workers as a starting point for further discussion.



**Consuming innocence: Popular culture and our children. (2008).** Karen Brooks. St Lucia: University of Queensland Press. Price: \$34.95.

This book explores the relationship that children have with popular culture. The author begins by giving a brief history

of childhood. Chapter Two looks at the "corporate takeover" of childhood by examining the consumerism of children and young people. Subsequent chapters examine children and clothing, toys, television, films (and censorship), the Internet and social networking sites. The author argues that children should be allowed to access popular culture, but that this should be in a balanced and educated manner. This book would benefit students of media studies and popular culture as well as child care students and, of course, parents.



**Families and mental health: A parenting resource kit. (2007).** Melbourne: Department of Human Services. Available from: <http://www.health.vic.gov.au/mentalhealth/families>

This parenting resource kit is a practical resource for families with a parent who has a mental illness. The main booklet provides information and advice on parenting, support services and available resources. A smaller booklet, entitled *Family Talk*, gives tips on how to help answer some of the questions that children and young people may have when they live in a family where a parent has a mental disorder. Another booklet, *The Best for Me and My Baby*, looks at managing mental health during pregnancy and early parenthood. The kit also contains a fridge magnet listing contact numbers where further help can be gained, as well as an example of a Family Crisis Plan.



**Promoting resilience in child welfare. (2006).** Robert Flynn, Peter Dudding and James Barber (Eds.). Ottawa: University of Ottawa Press.

This book consists of papers originally presented at the Promoting Resilient Development in Children Receiving Care Conference held in Ottawa in 2004. The conference was designed to take stock of the Looking After Children initiative, and explore its links with the growing area of resilience theory, research practice and policy. Looking After Children was developed in the UK in the mid-1990s as a program that promotes resilience among young people in care. The program has been implemented in 15 countries, including Australia. The book consists of three parts. Part One examines individual, service-system, cultural, societal and cross-societal perspectives on resilience theory and its relationship to child welfare. Part Two looks at resilience and foster care. The final part presents a series of case studies that describe the successful implementation of Looking After Children and other child-welfare related innovations. With a total of 25 papers (including four by Australian authors), this collection will be invaluable to all those concerned with improving the lives of young people in out-of-home care.



***Step-by-step baby care for parents with a learning difficulty.* (2007). Canterbury: O'Connell Family Centre and Parenting Research Centre. Further information available from: <http://www.mercy.com.au> or <http://www.parentingrc.org.au> Price: \$25.50.**

The *Step-by-Step Baby Care* DVD is aimed at new parents with a learning difficulty or intellectual disability. It covers the topics of: cleaning and sterilising baby bottles; making up a baby bottle using formula; washing baby without a bath; and giving baby a bath. The accompanying CD-ROM is a guide for practitioners such as child health nurses and midwives. It gives information about the DVD, who it is intended for and how it can be adapted for parents with specific needs.



***Crime and society.* (2007). Rob White and Daphne Habibis. South Melbourne: Oxford University Press. Price: \$65.00.**

This Australian textbook examines crime in society. Part One looks at different types of crime, including property crime, violent crime, public order

offences, drugs and crime, corporate crime, environmental crime and state crime. Discussion is given to looking at the social harm associated with these types of crime, as well as who commits these crimes. Part Two addresses the social differences influencing offending behaviour and the victimisation process. Chapters cover: class and crime, women and crime and victims of crime. The authors argue that inequalities and social differences must be taken into account if we are to fully understand the social nature of crime and its control. This book would make a good introductory level textbook for tertiary students. Each chapter contains a list of questions for further discussion, as well as a glossary of terms used and a list of further reading.



***Getting safe against the odds: Family violence affects women with disabilities too. A guide for service providers.* (2008). Melbourne: Domestic Violence Resource Centre. Price: Free. Further information available from: <http://www.dvirc.org.au>**

This guide is intended for service providers in the family violence and disabilities field who support women with disabilities experiencing family violence. It covers how family violence affects women with disabilities and the impact of family violence. Advice is given

## ***Managing mayhem: Work–life balance in New Zealand.* (2007).**

Marilyn Waring and Christa Fouche (Eds.). Wellington: Dunmore Publishing.



This book is a collection of essays on work–life balance in New Zealand. The first section, entitled “Whose work and what balance?,” contains four papers that look at work–life issues from a research perspective. The first chapter in this section gives an overview of work–life balance in New Zealand, while the following chapters examine flexible work practices, the rights of unpaid workers and the rhetoric and reality of work–life balance. Section two examines culture in

relation to work–life balance, especially in relation to Maori, Pasifika and Chinese women. The final section looks at “real” people’s work and life. Chapters in this section look at the experiences of grandparents caring for their grandchildren, unpaid caregivers, the work–life balance of artists and small business owners, and the experiences of full-time fathers (a group that has generally been underrepresented in the work–life literature).

on how agencies can prepare to assist women with disabilities. Topics covered include: responding to disclosure; validating the woman’s experience; effective interventions; and refuges and recovery.

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